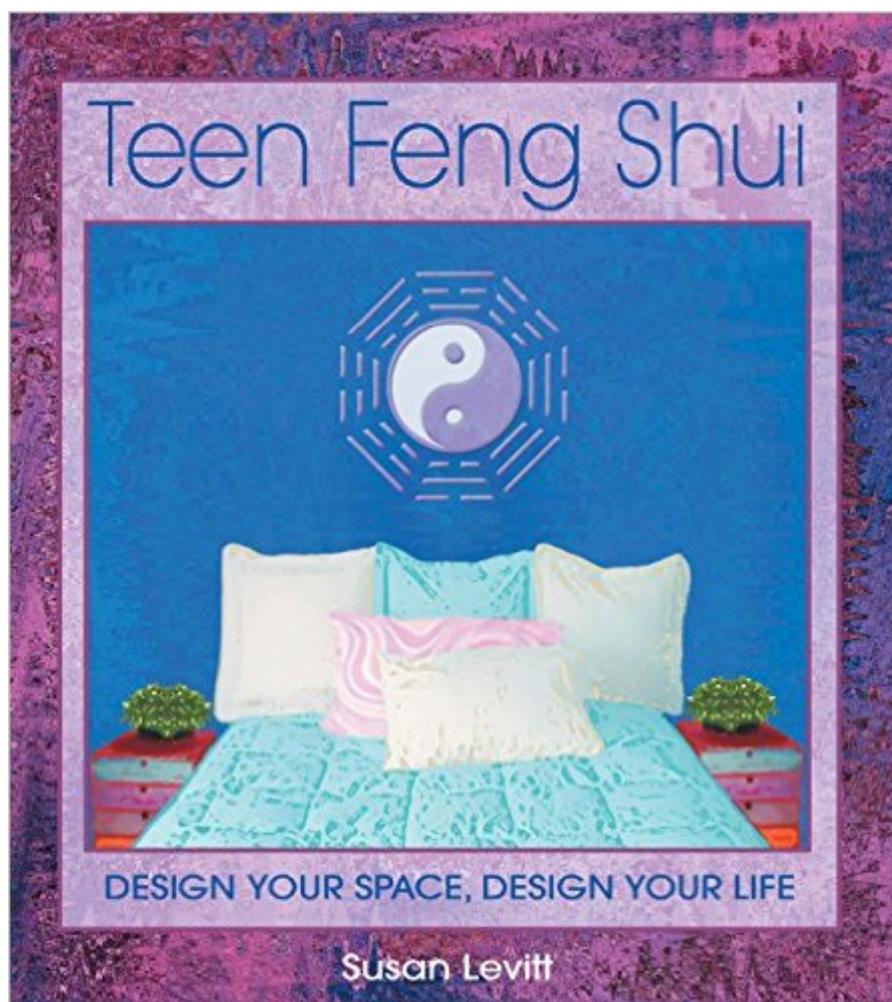


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Teen Feng Shui: Design Your Space, Design Your Life



Synopsis

A feng shui book specifically for teens. Shows how to create balanced teen environments that promote personal development and positive self expression. Tailors solutions to teen spaces: bedrooms, dormitories, desks, drawers, and lockers. Shows how, when, and where to use music, incense, and posters. Addresses real teen issues such as body image, tattoos and piercings, and cigarettes and other drugs. *Teen Feng Shui* demonstrates how the universal principles behind the design practice of feng shui can be applied to the contemporary environments of teenagers--from school lockers to dorm rooms--in order to maximize personal power, develop harmonious relationships, and define personal space. Noting that all books on feng shui are created for adults, Susan Levitt has provided a resource geared specifically toward the needs and realities of the teenage experience, addressing how young adults can design their living spaces to transform their lives. She describes how music, posters, and incense can influence space and includes before-and-after illustrations of feng shui "fixes." *Teen Feng Shui* also incorporates Chinese astrology, financial management and shopping tips for teens, insights on love and sex, personal stories, and case studies to provide a fun and comprehensive guide to this ancient art of placement.

Book Information

Paperback: 232 pages

Publisher: Bindu Books (January 30, 2003)

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Product Dimensions: 8 x 0.6 x 9 inches

Shipping Weight: 12.6 ounces (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars [See all reviews](#) (5 customer reviews)

Best Sellers Rank: #1,453,810 in Books (See Top 100 in Books) #104 in Books > Teens > Personal Health > Body, Mind & Spirit #111 in Books > Children's Books > Geography & Cultures > Where We Live > House & Home #434 in Books > Crafts, Hobbies & Home > Home Improvement & Design > Decorating & Design > Feng Shui

Age Range: 12 - 17 years

Grade Level: 7 - 12

Customer Reviews

Feng shui (which means "wind-water" in Chinese) is the art of placement. It concerns not only the

placement of furniture, but also the arrangement of the environment as a whole (where land forms are, houses, towns, and so forth). The purpose of feng shui is to maximize the potential of the space within your environment, through lighting, color, types of objects, and a variety of other factors. The two major types of feng shui are the Black Hat style and Compass style. You're probably more familiar with the Compass style, which generally requires a feng shui consultation and someone using a traditional Chinese compass to determine factors in feng shui. However, the Black Hat style (which is what this book focuses on) is much more accessible for people who are not feng shui practitioners! Feng shui is about how "chi" moves throughout the environment. The philosophy is that chi is everywhere and that feng shui helps chi become as balanced as possible; problems result when chi becomes too positive or too negative. Chi is the energy or "life force" moving through all things and it is Yin (dark/feminine) and yang (light/masculine) are the two types of chi. Together, yin and yang form Tao. From yin and yang, eight "trigrams" are derived; these are the stacked lines, which are the same as are used in the I Ching for divination. In the Black Hat style of feng shui, they correspond to different sections of a room. Yang's trigrams are Heaven (Helpful People/Travel), Lake (Creativity/Children), Fire (Fame/Reputation), and Thunder (Family/Health). Yin's trigrams are Wind (Wealth), Water (Career), Mountain (Knowledge), and Earth (Relationships/Romance). These eight are referred to as the Ba Gua.

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